

Teen Treks

Teen Bike Trips / Adventure Travel Camp



I had the time of my life! My sisters went on it 2 years ago and it was 4 times as good as they made it sound! I am most definitely going on another trip next year!

~ Meredith Kee, Grade 8 - Canadian 101 Trek

These two trips were my second ones and I had a fantastic time. I learned to push myself beyond my own expectations. I had an amazing time and the only thing that could change is that they shouldn't end.

~ Emily Stember, Grade 11 - NYC-Montreal Trek, NY RATS Trek



Listening to Sam talk about the trip I got the impression that the leaders had a great combination of warmth, good cheer and adventurous spirit. They seemed to set a wonderful tone for the group throughout the trip.

~ Joanna Faber, Parent - Hudson Valley Trek



...it was the perfect trip for my daughter. It was challenging and difficult. She pushed through her own insecurities and homesickness and came away with a great sense of accomplishment and much better self awareness. The leaders were so kind and understanding.

~ Joyce Szuflika, Parent - NYC-Montreal Trek

Changed my life. It was a great adventure.

~ Alexander Siregar, Grade 12 - Across America Trek

I really did not want to go on the airplane that was going to take me home. I think that says it all.

~ Hanna Engström, Grade 11 - NY RATS Trek

I went on this trip with a friend and we both had a lot of fun. We made friends with everyone, had a good time challenging ourselves on the biking and overall really enjoyed the adventure. I had been on a trip the year before, and both trips I came back happier and healthier. Thanks for giving me great summers!

~ Claire Treyz, Grade 11 - NYC-Montreal Trek

I loved the blog feature and photos. Teen Treks is a marvelous program with adventures guaranteed. Promoted independence in a safe forum. I am impressed with the leaders, their profiles and attitudes.

~ Sharon Murphy, Parent - NYC-Montreal Trek

The trip met all of my expectations and more. I loved this trip and will probably be back next year for another trek.

~ Nicholas Beaumont, Grade 12 - NYC-Montreal Trek